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## THE CURRICULUM / Y CWRICWLWM

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### **Physical Education / Addysg Gorfforol**

The school has a very successful Physical Education Department. There are excellent facilities and many of our pupils have achieved distinguished records at District, County and National level.

The excellence in provision and quality of Physical Education at the school has been recognised in the establishment of Rugby, Football and Netball Academies and our partnerships with the WRU and Welsh Netball.

### **Sporting Facilities / Cyfleusterau Chwaraeon**

- An Astroturf playing field.
- A large tarmac playing area which has grid lines for sports training.
- The local council playing fields i.e. Cae Mawr and Oval.
- The cricket and tennis facilities at the Ystrad Fechan sports area.
- An indoor swimming pool.
- A fully equipped gymnasium and weights room.
- An indoor playing area with provision for basketball, badminton, 5-a-side football, netball and also practice nets for cricket.
- A fully equipped Dance Studio.

### **Curriculum Enrichment**

We have a flexible out of hours learning model that enables us to develop as a Community Focused School. The programme is a Rhondda Cynon Taff County Borough Council initiative, designed to help schools provide:

- Activities and learning opportunities for young people, parents and the wider community
- Opportunities for involving pupils and young people in the design and delivery of activities.

Working with local partnerships, the school has successfully introduced an exciting, enriching and extending programme of activities for students which compliment those already in place at the school.

In partnership we also aim to maximize the number of pupils taking part in sport or physical activity regularly. Our after school programme, including Friday afternoons, increases opportunities for extra-curricular sport and physical activity sessions and also compliments the extensive extra-curricular activities provided by the school.

### **Trips and Extra-Curricular Activities / Teithiau a Gweithgareddau Allgyrsiol**

The school runs an extensive programme of trips and activities. The school will sometimes need to charge for these activities and our policy for charging is available on request.